







KEY TO WALKS AND CYCLE RIDES			
Walk Grade	Easy 	Moderate 	Strenuous 
Cycle Ride Grade	Easy 	Moderate 	Strenuous 

**IMPORTANT NOTICE** Please arrange your own transport to weekends away – we usually ‘car share’.

### PARTICIPATION STATEMENT

All walks and outdoor activities carry risks of accident or injury. Participants should be aware of and accept these risks and be responsible for their own actions. Participants should also ensure that they are in good health, of sufficient fitness and have the correct clothing and equipment for a particular activity. Any questions – ask a committee member or event leader.

### ESSENTIAL EQUIPMENT FOR GROUP WALKS AND WEEKENDS AWAY

1. Waterproof jacket and trousers plus warm clothing
2. Stout shoes or boots
3. Thermal gloves, hat, first aid kit, whistle and survival bag
4. Food, drink, map, compass, torch and mobile phone

NB. The tougher, the longer the walk or, if the walk is in the mountains and/or in winter, please bring all or more of the above equipment. Haven't got all of it? Ask a committee member or the walk leader beforehand – perhaps you could borrow some.

### COMMITTEE MEMBERS

Hostel booking queries	Nigel Bolter	07795843289 / brutusz@hotmail.co.uk
Programme queries	Dave Fereday	07879222135 / davefereday@hotmail.co.uk

For other committee members – check the web site.

### CHANGES TO THE PROGRAMME.

Occasionally Group events may change. Please listen to announcements at Group events, read e mails sent to you, ask a committee member or check the web site.



## PROGRAMME OF EVENTS

September 2018 to January 2019



### MEETING POINT – MONDAY EVENTS - LYCEUM TAVERN, MALPAS RD.

#### NEWPORT, GWENT NP20 5PL

Evening indoor events – meet *10 minutes before* the start time, in the Pub's upstairs room. Drinks available from the bar.











Outdoor events – meet *10 minutes before* the start time, outside the Pub to share transport.










### MEETING POINT - WEEKEND WALKS - THE UPPER CIVIC CENTRE CAR PARK.

For Thursday evening walks visit [meetup.com/Newport-outdoor-group-get-walking](http://meetup.com/Newport-outdoor-group-get-walking)

[www.newportoutdoorgroup.co.uk](http://www.newportoutdoorgroup.co.uk)

<b>NEWPORT OUTDOOR GROUP (YHA)</b>	<b>EVENTS PROGRAMME</b>	<b>September 2018 to January 2019</b>
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<b>MONDAY EVENING EVENTS</b>			
<b>Date</b>	<b>Time</b>	<b>Event Description</b>	<b>Grade</b>
3 <sup>rd</sup> Sept	19.00	<b>Llandegvedd Walk</b> Trudy leads a walk around this delightful Monmouthshire village then we can discuss the Archers in the Farmers Arms after.	
10 <sup>th</sup> Sept	19.00	<b>Bassaleg Walk</b> Hows many pubs are there in Bassaleg? Come tonight and Ian will take you to them all. <b>B.N. Christmas Party at Port Eynon Hostel 7<sup>th</sup> to 9<sup>th</sup> December</b>	
17 <sup>th</sup> Sept	19.00	<b>Coffee Shop Walk</b> Dave Latte is our guide tonight.	
24 <sup>th</sup> Sept	19.30	<b>Camino Slides</b> There was a four pronged attack this year with Alan, Franco, Ivor and Steve. Hear all about it tonight.	
1 <sup>st</sup> Oc	19.00	<b>Christchurch Walk with Aly</b> I'm sure we will all be like greyhounds out of the trap to get to the pub first!	
8 <sup>th</sup> Oct	19.30	<b>The Weekend starts here</b> For those of you who have never experienced a NOG weekend Dave F Spreads the dirt	
15 <sup>th</sup> Oct	19.00	<b>Caerphilly Town and Mountain Walk</b> By cheesus Juping_leads us on a walk by the castle with a leanier tower than Pisa.	
22 <sup>nd</sup> Oct	19.30	<b>Fife Coastal Path Slides</b> After doing a wonderful job coordinating the walk Lesley has now coordinated the show.	
29 <sup>th</sup> Oct	19.30	<b>Annual General Meeting</b> Your chance to have your say on the Group is run and what changes you would like.	
5 <sup>th</sup> Nov	19.00	<b>Bonfire Night Walk</b> Some guy called Dave is leading us on a cracker of a walk, boom boom.	
12 <sup>th</sup> Nov	19.00	<b>Draethen Walk with Roger</b> We will be macking tracks from Machen and possibly a pint in the Hollybush.	
19 <sup>th</sup> Nov	19.30	<b>Armistice Talk</b> Group member Steve Cocks tells us about the poignant events of one hundred years ago.	
26 <sup>th</sup> Nov	19.30	<b>Skittles at St Julians</b> It's the annual competition to find the Killer! <b>B.N. Jordans in the Chilterns 25<sup>th</sup> to 27<sup>th</sup> January</b>	
3 <sup>rd</sup> Dec	19.00	<b>Newport History Walk</b> Our very own Neil Oliver, Paul Collins, takes us on two legs the second leg of the history of our city.	
10 <sup>th</sup> Dec	19.30	<b>Food Tasting</b> Ian and Desiree are our Noel and Sandi tonight <b>B.N. Hunstanton in Norfolk 19<sup>th</sup> to 22<sup>nd</sup> April Easter</b>	
17 <sup>th</sup> Dec	19.30	<b>Christmas Social</b> Our annual pre Festivities get together.	
24 <sup>th</sup> Dec		<b>No Meeting</b> We're all too busy buying that final special present for someone special or may be your partner.	
31 <sup>st</sup> Dec		<b>No Meeting</b> Some of us are in Yorkshire walking the dales and eating the pudding.	
7 <sup>th</sup> Jan	19.00	<b>Upper Cwmbran Walk</b> Alan is taking us up the Incline but its not steep so no need to decline.	
14 <sup>th</sup> Jan	19.30	<b>Five Person Slides</b> Remember Frys Five Boys Chocolate Bar, well its got absolutely nothing do with that if you're dieting.	
21 <sup>st</sup> Jan	19.00	<b>Bute Park Walk with Ian</b> The Marquis built Castell Coch as a Folly but it would be folly to miss this walk.	
28 <sup>th</sup> Jan	19.30	<b>Kazakhstan Slides with Nigel</b> Don't know where it is well find out tonight. <b>B.N. Blytheswood in South Devon 22<sup>nd</sup>-24<sup>th</sup> March</b>	

<b>WEEKEND EVENTS</b>			
<b>Date</b>	<b>Time</b>	<b>Event Description</b>	<b>Grade</b>
1 <sup>st</sup> Sept	10.30	<b>Tour de Newport Cycle</b> Dave F leads the joint NOG/BRF peleton on a ride embracing a coffee stop or two.	
15 <sup>th</sup> Sept		<b>Talybont Trial</b> Why not come along and help and then walk the ten mile route.	
17 <sup>th</sup> – 24 <sup>th</sup> Sept		<b>Pembrokeshire Coastal Path</b> That's right there are two long distance trails this year!	
22 <sup>nd</sup> – 24 <sup>th</sup> Sept		<b>St Davids Hostel Weekend</b> Join our friends colonial and otherwise who are walking the Coastal Path.	
6 <sup>th</sup> Oct	9.30	<b>Caldicot Castle visit and walk</b> Desiree is our guide as we tour the castle and surrounding area.	
13 <sup>th</sup> Oct	10.30	<b>Steel Horse Cycle Ride</b> Dave F takes us through the Usk Valley to the Steel Horse bikers cafe and back via the canal. <b>Meeting Point Pontypool Active Living Centre</b>	
19 <sup>th</sup> – 21 <sup>st</sup> Oct		<b>Bewdley Hostel</b> Enjoy a weeken on the Worcs/salop border. I'm sure we can string a walk in the Wyre Forest.	
27 <sup>th</sup> Oct	9.30	<b>Fothergill Trail with Nigel</b> Who was Fothergill you ask. Well come along and find out and follow in the footsteps of Weatherman Walking.	
1 <sup>st</sup> 4 <sup>th</sup> Nov		<b>York Hostel Weekend</b> The County that won more gold medals than Australia at the Olympics is certainly a medal winning choice for a visit.	
11 <sup>th</sup> Nov	9.30	<b>Armistice Walk with Ian</b> On the centenary of the end of hostilities we visit Kilgwrrwg.	
17 <sup>th</sup> Nov	9.30	<b>Bloreng Walk with Jan</b> It usually snows on the Bloreng and that's in July! I'm sure the weather will be as lovely as the walk.	
2 <sup>nd</sup> Dec	9.00	<b>Abertillery Walk</b> Continuing the Gwent Valleys theme Dave F takes us on 10 mile yomp. Believe me they are as beautiful as before the Rape of the Fair Country.	
7 <sup>th</sup> – 9 <sup>th</sup> Dec		<b>Christmas Party at Port Eynon Hostel</b> Festivities start on the Gower. How many different vegetables will Pam prepare this year? <b>B.N. 10<sup>th</sup> September</b>	
29 <sup>th</sup> Dec -2 <sup>nd</sup> Jan		<b>New Year at Hawes Youth Hostel</b> What a way to start the year with good company and good walking <b>B.N. 1<sup>st</sup> October</b>	
5 <sup>th</sup> Jan	9.30	<b>Celebrate the No Tolls</b> Enjoy a rare treat and take advantage of a miracle, a kept Tory election pledge as Dave F takes us to the other side, of the Severn Bridge.	
13 <sup>th</sup> Jan	9.00	<b>Norman's Winter Walk</b> After this year's event in June we hope to have normal service resumed in 2019.	
25 <sup>th</sup> – 27 <sup>th</sup> Jan		<b>Hostel Weekend at Jordans in the Chilterns</b> Good walking from this Quaker village where a certain Ozzy Osbourne is a neighbour of the Hostel. <b>B.N. 26<sup>th</sup> November</b>	