







KEY TO WALKS AND CYCLE RIDES			
Walk Grade	Easy 	Moderate 	Strenuous 
Cycle Ride Grade	Easy 	Moderate 	Strenuous 
IMPORTANT NOTICE	Please arrange your own transport to weekends away – we usually ‘car share’.		

PARTICIPATION STATEMENT

All walks and outdoor activities carry risks of accident or injury. Participants should be aware of and accept these risks and be responsible for their own actions. Participants should also ensure that they are in good health, of sufficient fitness and have the correct clothing and equipment for a particular activity. Any questions – ask a committee member or event leader.

ESSENTIAL EQUIPMENT FOR GROUP WALKS AND WEEKENDS AWAY

1. Waterproof jacket and trousers plus warm clothing
2. Stout shoes or boots
3. Thermal gloves, hat, first aid kit, whistle and survival bag
4. Food, drink, map, compass, torch and mobile phone

NB. The tougher, the longer the walk or, if the walk is in the mountains and/or in winter, please bring all or more of the above equipment. Haven't got all of it? Ask a committee member or the walk leader beforehand – perhaps you could borrow some.

COMMITTEE MEMBERS

Hostel booking queries	Nigel Bolter	07795843289 / brutusz@hotmail.co.uk
Programme queries	Dave Fereday	07879222135 / daveferday@hotmail.co.uk

For other committee members – check the web site.

CHANGES TO THE PROGRAMME.

Occasionally Group events may change. Please listen to announcements at Group events, read e mails sent to you, ask a committee member or check the web site.



PROGRAMME OF EVENTS

January to May 2019

For Thursday evening walks visit [meetup.com/Newport-Outdoor-Group](https://www.meetup.com/Newport-Outdoor-Group)



MEETING POINT – MONDAY EVENTS - LYCEUM TAVERN, MALPAS RD.

NEWPORT, GWENT NP20 5PL

Evening indoor events – meet *10 minutes before* the start time, in the Pub's upstairs room. Drinks available from the bar.

Outdoor events – meet *10 minutes before* the start time, outside the Pub to share transport.

MEETING POINT - WEEKEND WALKS - THE UPPER CIVIC CENTRE CAR PARK.

www.newportoutdoorgroup.co.uk

NEWPORT OUTDOOR GROUP (YHA)	EVENTS PROGRAMME	January to May 2019
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MONDAY EVENING EVENTS			
Date	Time	Event Description	Grade
7 th Jan	19.00	Upper Cwmbran Walk Alan is taking us up the Incline but its not steep so no need to decline.	
14 th Jan	19.30	Five Person Slides Remember Frys Five Boys Chocolate Bar, well it's absolutely nothing to do with that if you're dieting.	
21 st Jan	19.30	Kazakhstan Slides with Nigel Don't know where it is, well find out tonight.	
28 th Jan	19.00	Bute Park Walk with Ian The Marquis built Castell Coch as a Folly but it would be folly to miss this walk. B.N. Blytheswood	
4 th Feb	19.00	Caerleon Walk From the Tavern to Caerleon and option of no fuss by bus return or alternatively walk back for more exercise.	
11 th Feb	19.30	Photo Competition Search through your cameras to find your best pics. Norman will send out the categories soon. B.N. May Bank Holiday in Eskdale	
18 th Feb	19.00	Grub Crawl The old favourite is back where we earn our food. Walking to Maggie and Jeremy's for mains and on the Brian for our just deserts. B.N. 11th February Cost £3.00.	
25 th Feb	19.30	Its Quiz Night Fish for tea tonight to aid brainpower as Nigel and Franco our quizzing quizsetters set the questions. B.N. Easter Holiday in Hunstanton	
4 th Mar	19.15	Bend Me Shape Me Not a visit from Andy Fairweather Low an evening of Yoga with Trudy's Yoga Teacher.	
11 th Mar	19.30	Brecon Mountain Rescue They are team we never want to call, their leader Nigel Dawson tells us about their work.	
18 th Mar	19.00	Three Blackbirds Walk Brian leads along the canal where no doubt we will enjoy a pint.	
25 th Mar	19.30	Pembrokeshire Coastal Path Slides Norman spills the beans of the Group walking the first section of the National Trail.	
1 st Apr	19.00	Tiny Rebel Walk To show that we are no fools Alan leads us on a walk culminating at Tiny Rebel.	
8 th Apr	19.30	There is light at the end of Tunnel Steve Mackey, Chairman of the Rhondda Tunnel Society brings us up to date on plans to open what will be Europe's longest walking and cycling tunnel.	
15 th Apr	19.00	Magor Marsh with Gwent Wildlife Trust Ian leads us on a walk and visit to this Nature Reserve before the Black Route decimates it. Hopefully not. B.N. July trip to Slaidburn.	
22 nd Apr		No Meeting Keep eating those eggs.	
29 th Apr	19.00	Llanhenock Walk Dave G leads us around the Vale of Usk, possibly ending in the Wheatsheaf.	
6 th May		No Meeting Why not join us in the Lakes	
13 th May	19.00	Ponthir Walk Tudy leads in the village named after it's long bridge over the Afon Llwyd. B.N. August trip to Boscastle.	
20 th May	19.00	Mynydd Maen Walk Lesley leads us tonight on a little hill with a big view and as a bonus a choice of pubs post walk.	
27 th May		No Meeting Enjoy the Spring Bank Holiday and bounce into summer like Zebedee.	

WEEKEND EVENTS			
Date	Time	Event Description	Grade
5 th Jan Sat	9.30	Celebrate the No Tolls Enjoy a rare treat and take advantage of a miracle, a kept Tory election pledge, as Dave F takes us to the other side of the Severn Bridge.	
13 th Jan Sun	9.00	Norman's Winter Walk After 2018's event in June we hope to have normal service resumed in 2019.	
25 th – 27 th Jan		Hostel Weekend at Jordans in the Chilterns Good walking from this Quaker village where a certain Ozzy Osbourne is a neighbour of the hostel.	
3 rd Feb Sun	9.30	Tidenham and the Old Border Ian leads us on this delightful walk across the border to that place beginning with E.	
22 nd -24 th Feb		Manchester Hostel Weekend We will all be "united" in visiting this "city" hostel. B.N. 14th January	
24 th Feb Sun	9.30	Caldicot Castle Walk Storm the battlements with Desiree with a visit to the home of the Lave Fishermen. Followed by an optional pub lunch	
9 th Mar Sat	9.30	Lydney Walk Alan leads us in the area around this town on the Severn Estuary and the fringes of the Forest of Dean.	
22 nd -24 th Mar		Blytheswood Hostel Weekend Where is it you ask. Well come along and find out. By the way it's in south Devon on the fringes of Dartmoor. B.N. 28th January	
6 th Apr Sat	7.00	Black Dragon Challenge Come along and assist with the running of our challenge walk as we raise money for our friends in the Brecon Mountain Rescue Team.	
14 th Apr	9.30	Twmbarlwm with a Twist Our very own Chubby Checker, Ivor, leads us today.	
19 th 22 nd Apr		Easter Weekend at Hunstanton Eat your eggs in Norfolk with showers in the Hostel and the Wash outside. B.N. 10th December	
3 rd -6 th May		May Bank Holiday weekend in Eskdale The Hostel is in the shadow of Scafell Pike, England's highest mountain. B.N. 11th February	
10 th -12 th May		Tredegar House Folk Festival Take the opportunity to strip the willow and enjoy numerous folk acts in concert.	
18 th May Sat	9.30	Dinas Powys Walk Trudy leads us in the Vale of Glamorgan where we hope to see some salmon leaping.	
24 th -27 th May		Spring Bank Holiday in Beer Hostel There's more to Beer than beer for a start wonderful coastal walking. B.N. 25th February	